JVP INTERNATIONAL SCHOOL

Affiliation No. 1730438, Affiliated to CBSE, Delhi | School Code : 16281

Health and Activity Record

20 ..... ☐ 20 ..... ☐ 20 ..... ☐ 20 ..... ☐

Name of student _____ Blood Group : _____

ADM. No. _____ DOB ___/___/_____ (Gender) M ☐ F ☐ T ☐

Aadhar Card No. of Student (Optional) _____

Mother's Name _____

DOB ___/___/_____ Blood Group _____

Aadhar Card No. (Optional) _____

Father's Name _____

DOB ___/___/_____ Blood Group _____

Aadhar Card No. (Optional) _____

DO NOT STAPLE

Affix Latest Passport Size Colour Photograph (Candidate)

Family Monthly Income	20	20	20	20 .....

Postal Address:

_____

_____

Phone No. _____ (M): _____

CWSN, Specify _____

(Any Disability- Physical/ Learning Disorder/ Behavior Problem / Deafness / Blindness Etc)

Session	20	20	20	20 .....
Signature (Parent/Gurdian)				
Date				

PERSONAL DATA

Personal Details	Yes	No	Personal Details	Details
Immunization Status of Student			Any Current Medication	
Any Physical deficiency or abnormality (if yes please specify)			Any Past Medical History (Specify if any)	

Session	20	20	20	20	Session	20	20	20	20 .....
Height in Inches					Eyes				
Weight In KG					Dental Hygiene				
Blood Pressure					HIP/Waist (CM)				

SESSION		Health Components						Skill Components			
		BMI	Muscle Strenght		Flexibility (Sit & Reach)	Endurance (600 mtr. Run)	Balance (Static) Flamingo balance Test	Agility Shuttle Run (6x10m K)	Speed 50 mtr. Dash	Power Standing Vertical (leg Muscle)	Coordination Alternative hand wall toss test
Session	Term		Core	Upper							
20.....											
20.....											
20.....											
20.....											
20.....											
20.....											
20.....											
20.....											